



300 ROUNDS
IN 3 HOURS

I.P.S.C. TRAINING DAYS IN ZNOJMO

A L S A P R O S H O O T I N G T E A M

300

ROUNDS
IN 3 HOURS



alsapro
SHOOTING TEAM

TRAINING CENTRE **AKIM ZNOJMO**

MARTIN NOVOTNÝ

TEL. 00420 608 886 222

MAIL: TEAM@ALSAPRO.CZ

alsapro
SHOOTING TEAM



1 STANCE DRAW RELOADING



300
ROUNDS
IN 3 HOURS



1 STANCE - DRAW - RELOADING

MINIMUM ROUNDS: 14

STARTING POSITION: STANDING IN BOX „A”

FIREARM READY CONDITION: GUN LOADED AND HOLSTERED

PROCEDURE: RELOAD BETWEEN BOXES

MINIMUM ROUNDS: 14

STARTING POSITION: STANDING IN BOX „B”

FIREARM READY CONDITION: GUN LOADED, CHAMBER EMPTY

PROCEDURE: RELOAD BETWEEN BOXES



#2

SHOOTING AROUND BARRICADES



300
ROUNDS
IN 3 HOURS



2 SHOOTING AROUND BARRICADE

MINIMUM ROUNDS: 14

STARTING POSITION: STANDING ON MARK

FIREARM READY CONDITION: GUN LOADED AND HOLSTERED

PROCEDURE: FIRST HIT FROM LEFT SIDE

MINIMUM ROUNDS: 14

STARTING POSITION: STANDING ON MARK

FIREARM READY CONDITION: GUN TOTAL EMPTY

PROCEDURE: FIRST HIT FROM RIGHT SIDE



#3 RECOIL CONTROL



300
ROUNDS
IN 3 HOURS



3 RECOIL CONTROL

MINIMUM ROUNDS: 18

STARTING POSITION: STANDING IN LEFT BOX

FIREARM READY CONDITION: GUN LOADED AND HOLSTERED

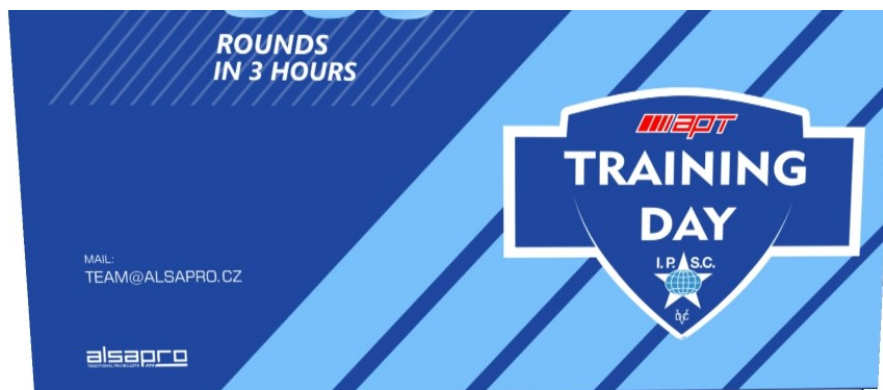
PROCEDURE: FIRST HIT FROM LEFT SIDE

MINIMUM ROUNDS: 18

STARTING POSITION: STANDING OIN RIGHT BOX

FIREARM READY CONDITION: GUN LOADED AND HOLSTERED

PROCEDURE: 6 HIT FROM BOX



#4 SHORT - LONG DISTANCE



300
ROUNDS
IN 3 HOURS



4 SHORT AND LONG DISTANCE

MINIMUM ROUNDS: 14

STARTING POSITION: STANDING IN LEFT BOX

FIREARM READY CONDITION: GUN LOADED AND HOLSTERED

PROCEDURE: FIRST HIT TO NEAREST TARGET

MINIMUM ROUNDS: 14

STARTING POSITION: STANDING IN RIGHT BOX

FIREARM READY CONDITION: GUN LOADED AND HOLSTERED

PROCEDURE: FIRST HIT TO FARAWAY TARGET



#6 *EASY EXIT HARD EXIT*



300
ROUNDS
IN 3 HOURS



6 EASY EXIT, HARD EXIT

MINIMUM ROUNDS: 14

STARTING POSITION: STANDING ON LEFT SIDE

FIREARM READY CONDITION: GUN LOADED AND HOLSTERED

PROCEDURE: EASY EXIT FIRST

MINIMUM ROUNDS: 14

STARTING POSITION: STANDING ON RIGHT SIDE

FIREARM READY CONDITION: GUN LOADED AND HOLSTERED

PROCEDURE: HARD EXIT FIRST



#7 SHOOTING ON MOVE



300
ROUNDS
IN 3 HOURS



#7 SHOOTING ON THE MOVE

MINIMUM ROUNDS: 10

STARTING POSITION: STANDING ON LEFT SIDE

FIREARM READY CONDITION: GUN LOADED AND HOLSTERED

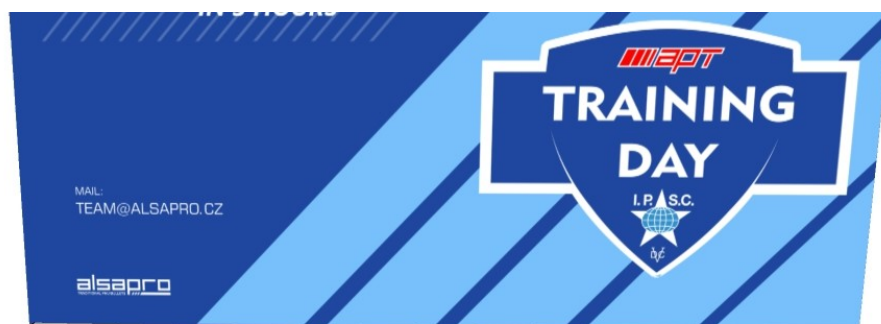
PROCEDURE: SHOOTING ALL TARGETS ON THE MOVE

MINIMUM ROUNDS: 10

STARTING POSITION: STANDING ON RIGHT SIDE

FIREARM READY CONDITION: GUN LOADED AND HOLSTERED

PROCEDURE: SHOOTING ALL TARGETS ON THE MOVE



#8 MOVING TARGETS



300
ROUNDS
IN 3 HOURS



8 MOVING TARGETS

MINIMUM ROUNDS: 14

STARTING POSITION: STANDING ON LEFT SIDE

FIREARM READY CONDITION: GUN LOADED AND HOLSTERED

MINIMUM ROUNDS: 14

STARTING POSITION: STANDING ON RIGHT SIDE

FIREARM READY CONDITION: GUN LOADED AND HOLSTERED



9 **STRONG, WEAK HAND SHOOTING**



300
ROUNDS
IN 3 HOURS



9 **STRONG HAND, WEAK HAND**

MINIMUM ROUNDS: 9

STARTING POSITION: **STANDING IN DESIGNED AREA**

FIREARM READY CONDITION: **GUN LOADED AND HOLSTERED**

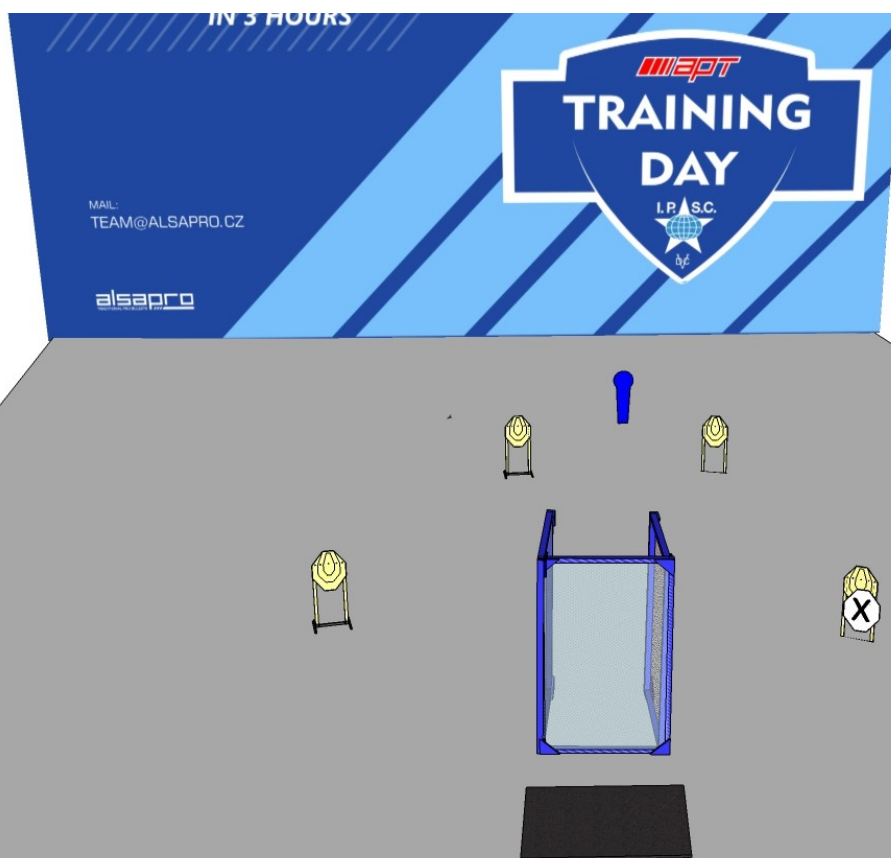
PROCEDURE: **SHOOTING STRONG HAND ONLY**

MINIMUM ROUNDS:

STARTING POSITION: **STANDING IN DESIGNED AREA**

FIREARM READY CONDITION: **GUN LOADED AND HOLSTERED**

PROCEDURE: **SHOOTING WEAK HAND ONLY**



10 GUN ON THE TABLE



300

ROUNDS
IN 3 HOURS



10 GUN ON THE TABLE

MINIMUM ROUNDS: 9

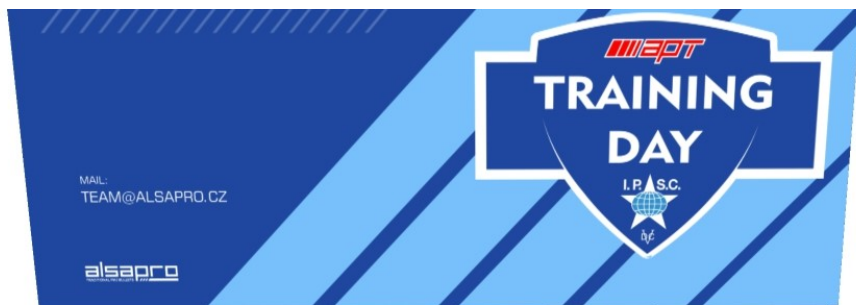
STARTING POSITION: STANDING IN DESIGNED AREA

FIREARM READY CONDITION: GUN LOADED ON TABLE

MINIMUM ROUNDS:

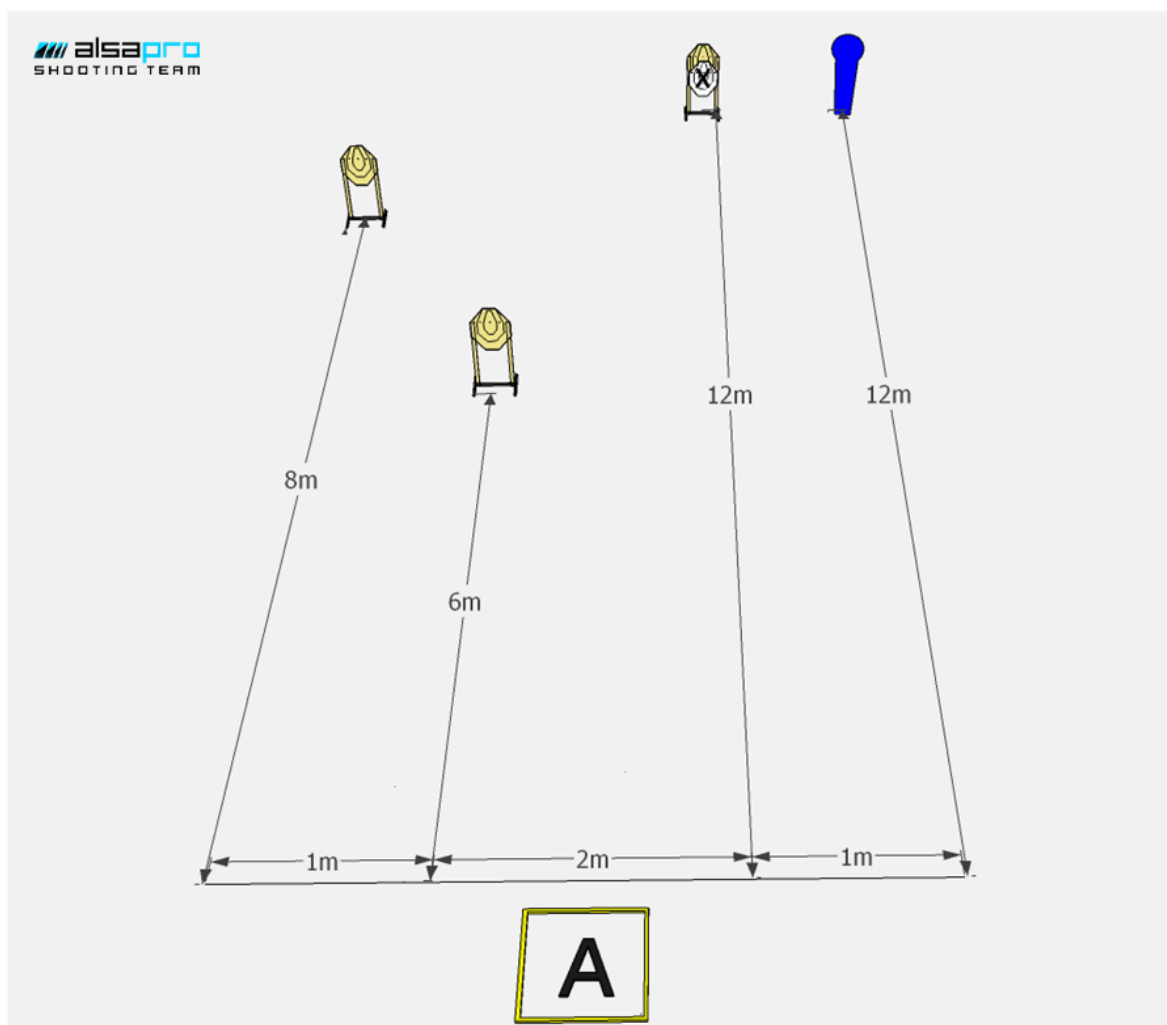
STARTING POSITION: STANDING IN DESIGNED AREA

FIREARM READY CONDITION: GUN UNLOADED ON TABLE



Stage Classifier

Standardní cvičení - APT Stage 1



Number of rounds to be scored:	7
Targets:	3 IPSC Targets, 1 IPSC Popper and 1 No-Shoots
Start position:	Standing relaxed in designated area
Gun condition:	Loaded and holstered
Time Start:	Audible signal
Procedure:	After the starting signal, engage targets from within designated box.
Safety angles:	90 degrees left/right, High of top of the backstop